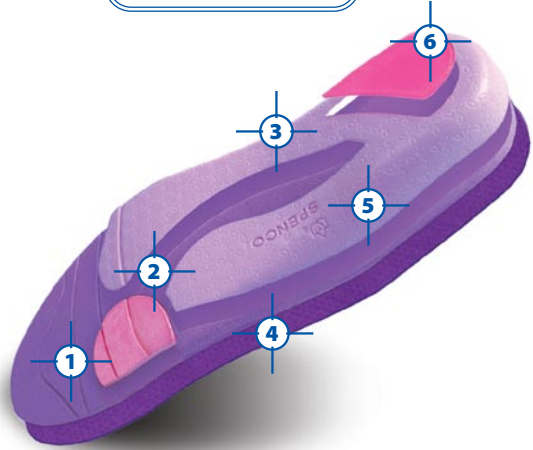


Spenco for Her® Total Support Replacement Insoles

Cat. No. 40-253



Target Consumer:

Active women seeking firmer support and stability with Q Factor® Technology.

Recommended For:

Support and stabilization for a woman's foot as impact moves from the heel area to the mid foot while controlling supination (the outward rolling motion of the foot).

Targeted support to manage the pressure and offloading that occur during a woman's stride.



Best For Use In:

Athletic, tennis, basketball and training shoes with removable insoles.



Components*:

EVA, TPU, PU Gel, Fabric,
Thickness at Heel: 9.69mm (3/8in),
Thickness at Forefoot: 5.50mm (1/4in)



Instructions:

Remove existing insole (some brands of shoes glue the insole to the shoe, but careful removal will not damage the shoe). Insert the Spenco For Her™ Replacement Insoles into the shoe. Trim with scissors if necessary.



Care:

Hand wash in warm water. Air dry.

Features & Benefits:

- 1 **Dual-density EVA** This lightweight design helps cradle the heel and support the arch to create the Q Factor® Technology.
- 2 **Metatarsal Pad** helps relieve pain and offload pressure on the metatarsal heads.
- 3 **Cuboid Lock** works in correlation with Q Factor® Technology to support the 5th metatarsal while stabilizing the foot through midstance transition and supination.
- 4 **Low-friction Top Cloth with Ultra-Fresh Silpure Antimicrobial** helps prevent blisters while controlling odor.
- 5 **Q Factor® Technology** Specifically designed for women to control the Q-Angle providing proper support and alignment.
- 6 **Gel Heel Strike Cushion** absorbs shock and returns energy in key impact zone.

One-Year Unconditional Guarantee

Sizing Chart:

Size	0	1	2	3	4
U.S. Women's	3/4	5/6	7/8	9/10	11/12
U.K.	2/3	4/5	5/6	7/8	9/10
European	32/34	36/38	38/40	40/42	42/44

Call toll-free: 1-800-877-3626
In Canada: 1-800-387-9538

 www.spenco.com



*Measurements are approximate and vary by size.