Firm, adjustable arch support.

**Target Consumer:**
Consumers with flat, low, or fallen arches.
Consumers seeking firm arch support to control foot position.

**Recommended For:**
Treatment of arch pain. May be molded for a custom fit to support high arches. To help reduce pronation and supination for improved stability. Choose ¾ length for additional toe room in tighter fitting shoes.

**Best For Use In:**
Casual and athletic shoes (or boots).

**Components:**
Nylon, SpenCore® Material, Fabric, Arch Height: 25.80mm (1 in), Thickness at Heel: 6.29mm (1/4in)

**Instructions:**
Place in shoes, green side up. Trim with scissors if necessary. Adjust the shape of the orthotic by placing in boiling water for 2 minutes and then bending to desired shape. Caution: Do not handle heated orthotic without protecting your hands. Use gloves or a towel to reshape. Allow orthotic to cool before placing in shoe.

**Care:**
Hand wash in warm water. Air dry.

**Sizing Chart:**

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<tr>
<th>Size</th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
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<tr>
<td>U.S. Women's</td>
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<td>5/6</td>
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<td>U.S. Men's</td>
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<td>42/44</td>
<td>44/46</td>
<td>46/48</td>
</tr>
</tbody>
</table>

*Measurements are approximate and vary by size. Silpure is a Registered Trademark of Thomson Research Associates, Inc.

**Full Cat. No. 43-042**
**3/4 Cat. No. 43-158**

**Features & Benefits:**
1. **Full Length** provides complete heel-to-toe comfort.
2. **SpenCore® Material**—Exclusive cushioning layer absorbs shock and impact to provide maximum comfort.
3. **Moldable Arch Insert**—The flexible plastic arch insert helps support and control the foot.
4. **7 Sizes** for correct arch placement for better overall fit, comfort and performance.
5. **4-way Stretch Fabric with Silpure**—Antimicrobial helps prevent blisters while controlling odor.

**One-Year Unconditional Guarantee**

Call toll-free: 1-800-877-3626
In Canada: 1-800-387-9538

www.spenco.com